

## PSALM 102

<sup>1</sup> A Prayer for the Poor; when he is deeply afflicted, and pours out his supplication before the Lord.

Hear my prayer, O Lord, and let my cry come to You.

<sup>2</sup> Do not hide Your face from me in the day of my trouble; incline Your ear to me; in the day *when* I shall call upon You, speedily hear me.

<sup>3</sup> For my days have vanished like smoke, and my bones have been parched like a stick.

<sup>4</sup> I am blighted like grass, and my heart is dried up; for I have forgotten to eat my bread.

<sup>5</sup> By reason of the voice of my groaning, my bones have cleaved to my flesh.

<sup>6</sup> I have become like a pelican of the wilderness;

<sup>7</sup> I have become like an owl in a ruined house. I have watched, and have become as a sparrow dwelling alone on a roof.

<sup>8</sup> All the day long my enemies have reproached me; and they that praised me have sworn against me.

<sup>9</sup> For I have eaten ashes like bread, and mingled my drink with weeping;

<sup>10</sup> because of Your anger and Your wrath; for You have lifted me up, and dashed me down.

<sup>11</sup> My days have declined like a shadow; and I am withered like grass. <sup>12</sup> But You, O Lord, endure forever, and Your memorial from generation to generation.

<sup>13</sup> You shall arise, and have mercy upon Zion; for *it is* time to have mercy upon her, for the appointed time has come.

<sup>14</sup> For Your servants have taken pleasure in her stones, and they shall pity her dust.

<sup>15</sup> So the nations shall fear Your name, O Lord, and all kings Your glory.

<sup>16</sup> For the Lord shall build up Zion, and shall appear in His glory.

<sup>17</sup> He has had regard to the prayer of the lowly, and has not despised their petition.

<sup>18</sup> Let this be written for another generation; and the people that shall be created shall praise the Lord.

<sup>19</sup> For He has looked out from the height of His sanctuary; the Lord looked upon the earth from heaven;

<sup>20</sup> to hear the groaning of the fettered ones, to loosen the sons of the slain;

<sup>21</sup> to proclaim the name of the Lord in Zion, and His praise in Jerusalem;

<sup>22</sup> when the people have gathered together, and the kings, to serve the Lord.

<sup>23</sup> He answered him in the way of His strength; tell me the fewness of my days.

<sup>24</sup> Do not take me away in the midst of my days; Your years *are* through all generations.

<sup>25</sup> In the beginning You, O Lord, laid the foundation of the earth; and the heavens are the works of Your hands. <sup>26</sup> They shall perish, but You remain; and *they all* shall grow old like a garment; and as a vesture shall You fold them, and they shall be changed. <sup>27</sup> But You are the same, and Your years shall not fail.

<sup>28</sup> The children of Your servants shall dwell *securely*, and their seed shall prosper forever.