

## PSALM 38

- <sup>1</sup> A Psalm of David for remembrance concerning the Sabbath day.  
O Lord, do not rebuke me in Your wrath, neither chasten me in Your anger.
- <sup>2</sup> For Your weapons are fixed on me, and You have pressed Your hand heavily upon me.
- <sup>3</sup> For there is no health in my flesh because of Your anger; there is no peace to my bones because of my sins.
- <sup>4</sup> For my transgressions have gone over my head; they have pressed heavily upon me like a weighty burden.
- <sup>5</sup> My wounds have become foul and corrupt, because of my foolishness.
- <sup>6</sup> I have been wretched and bowed down continually; I went with a mourning countenance all the day.
- <sup>7</sup> For my soul is filled with mockings; and there is no health in my flesh.
- <sup>8</sup> I have been afflicted and brought down exceedingly; I have roared for the groaning of my heart.
- <sup>9</sup> But all my desire is before You; and my groaning is not hidden from You.
- <sup>10</sup> My heart is troubled, my strength has failed me; and the light of my eyes is not with me.
- <sup>11</sup> My friends and my neighbors drew near before me, and stood still; and my nearest of kin stood afar off.
- <sup>12</sup> While they pressed hard upon me that sought my soul; and they that sought my hurt spoke vanities, and devised deceits all the day.
- <sup>13</sup> But I, as a deaf man, did not hear; and was as a dumb man not opening his mouth.
- <sup>14</sup> And I was as a man that does not hear, and who has no reproofs in his mouth.
- <sup>15</sup> For I hoped in You, O Lord; You will hear, O Lord my God.
- <sup>16</sup> For I said, "Lest my enemies rejoice against me"; for when my feet were moved, they spoke boastfully against me.
- <sup>17</sup> For I am ready for plagues, and my grief is continually before me.
- <sup>18</sup> For I will declare my iniquity, and be distressed for my sin.
- <sup>19</sup> But my enemies live, and are mightier than I; and they that hate me unjustly are multiplied.
- <sup>20</sup> They that reward evil for good slandered me; because I followed righteousness.
- <sup>21</sup> Do not forsake me, O Lord my God; do not depart from me.
- <sup>22</sup> Draw near to my help, O Lord of my salvation.